



# MACVPR

Montana Association of Cardiovascular & Pulmonary Rehabilitation

## 2023 MACVPR Annual Conference Kalispell, MT

### Location:

Hampton Inn  
1140 US Hwy 2 W  
Kalispell, MT 59901

### Thursday, May 11th

5:00 pm - 9:00 pm

Includes registration, vendors, the keynote speaker, outcomes presentation, and networking at SunRift Beer Company (includes hors d'oeuvres).

### Friday, May 12th

7:00 am - 3:40 pm

(Includes vendor booths, presentations, and lunch catered by SunRift Beer Company.)

[www.macvprmontana.com/annual-meeting/](http://www.macvprmontana.com/annual-meeting/)

### *About the Keynote Speaker...*

This year, the MACVPR keynote speaker is Joey Traywick. Joey Traywick is a Registered Nurse in Billings, Montana. He has worked at the bedside in just about every department in the hospital over the last decade. He has a degree in Kinesiology from California State University, Fullerton and he received his nursing degree from City College in Billings, Montana. The proud father of three amazing children and the husband of one incredibly patient bride - he is currently most proud of the fact that he would rather be at home than anywhere else. As an accomplished presenter and clinician, his passion is to create lasting and positive change. You can connect with Joey anytime at [joeytraywick.com](http://joeytraywick.com)

Joey will be speaking to us about:  
**“ARE WE REALLY BROKEN?”**

The goal of this presentation isn't to simply remind everyone to take care of themselves so they can take care of others - no, the goal is also to remind us all that we are not as broken when we are in community with others. Good diets and active lifestyles only do so much if we are socially isolated. The time we spend together will hopefully allow for revitalization, not by pushing “toxic positivity” but by embracing the reality of what we have all been through and seeing the worth in it, together. Of course, there will be tears and dancing and laughter and somehow, hopefully, lasting and positive change for the better.

MACVPR organizes an annual meeting to inform attendees of vital information related to Cardiopulmonary Rehabilitation. Speakers are selected to cover emerging topics and share their knowledge in their cardiovascular and pulmonary specialties.

In addition to the vast knowledge that is shared, the conference is also a great way to network with professionals from other programs around Montana and Wyoming and learn about new technology and equipment from our vendors.

We can't wait to see you there!

## Lodging

**Hampton Inn Kalispell**  
\$115/night + taxes  
if booked prior to May 1<sup>st</sup>, 2023.  
Group Code: CVP

1140 US Hwy 2 West  
Kalispell, MT 59901  
P: 406-755-7900

## Annual Membership

To renew membership, please visit:  
[www.AACVPR.org](http://www.AACVPR.org)

Nonmembers must pay \$115  
to attend the conference.

## Speakers and Topic

**Keynote: Joey Traywick, CMSRN** at Billings Clinic – Motivator, Educator, and Nurse.  
*“Are We Really Broken?”*

**Mike McNamara, MS, FAACVPR,**  
Cardiovascular Health Specialist at the Montana Department of Public Health and Human Services. *Outcomes Presentation.*

**Dr. Jonathan Brunson, Cardiac Electrophysiologist** at Logan Health.  
*Pacemaker Settings, Types, and Underlying Rhythm.*

**Dr. Joshua Duchesne, Cardiologist** at Logan Health. *Spontaneous Coronary Artery Dissection (SCAD).*

**Joanna Legerski McCormick, Ph.D. Director of Psychology Training and Staff Psychologist, Outpatient Behavioral Health** at Fort Harrison Medical Center. *“The Value of Mindfulness in Cardiovascular and Pulmonary Rehabilitation.”*

**Jonathan Bruce, RRT** at Logan Health. *CPAP Devices.*

**Robert J. Confessore, Clinical Exercise Physiology/Emergency Medical Technician** at Logan Health. *Cardiopulmonary Exercise Testing (CPET).*

**Paige Sadowski, MS, MHA, RD, LN** at Logan Health. *Heart Healthy Eating and Plant-Based Diets.*

## Conference Registration via Eventbrite

[MACVPR CONFERENCE REGISTRATION-EVENTBRITE](#)

Members: \$75  
Non-Members: \$115

**Register by May 1, 2023**

To avoid a late registration fee of \$25.  
Cancellations must be made by May 1<sup>st</sup> for a refund.

Montana Department of Public Health and Human Services will be sponsoring a Scholarship for 1 person per program participating in the Montana Outcomes Project to attend the conference. To receive this, please email Treasurer P. Jim Lund at [wasatch.lund@gmail.com](mailto:wasatch.lund@gmail.com) with your name and facility to receive a promo code to discount your scholarship conference ticket at 100%.

**We can't wait to see everyone at the 2023 MACVPR Conference!**

**Thank you to our vendors:**

**Gold:** ScottCare  
LSI  
Pritikin ICR  
**Silver:** AHA  
Better Body